


LUNCH
BY
LIBELLE 

Term 2, 2021

NIKAU WEEK

10/05-14/05

MONDAY

Macaroni Cheese

Dietary Alternatives:
GF pasta (GF), tomato sauce
(pasta) (DF,VE)

Snack: Yoghurt

Snack Dietary Alternatives:
Fruit salad cup (DF,VE)



TUESDAY

Beef Wrap

Dietary Alternatives:
Refried black beans (V,H,NB,VE),
GF tortilla (GF)

Snack: Pretzels, carrot
& celery sticks

Snack Dietary Alternatives:
Corn chips (GF)



WEDNESDAY

Pasta Power Bowl

Dietary Alternatives:
GF pasta spirals (GF), vegan mayo
(EF,VE)

Snack: Coconut bliss
bites

Snack Dietary Alternatives:
None

THURSDAY

Chicken & Slaw Filled Roll

Dietary Alternatives:
GF roll (GF), vegan cheese
(DF,VE), cheese (V)

Snack: Fruit salad cup
or vanilla cake*^{kumara rosti}

Snack Dietary Alternatives:
Alternative for cake – GF coconut
cookie



FRIDAY

Butter Chicken and Rice

Dietary Alternatives:
Chickpeas (V,VE), DF butter
chicken sauce (DF,VE)

Snack: Fruit salad cup
or vanilla cake

Snack Dietary Alternatives:
Alternative for cake – GF coconut
cookie

Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

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